



**PUBLIC
HEALTH
SERVICES**

PROGRAMS & SERVICES

1ST EDITION (2026)



TABLE OF CONTENTS

Mission & Vision

Programs & Services

Children & Youth with Special Healthcare Needs (CYSHCN)	2
Family Support and Advocacy (Family to Family Health Information Center)	2
Early Hearing Detection and Prevention (EHDI)	3
Early Intervention Service Coordination	3
Education and Support for Mommy & Baby (HOME Visiting Program)	4
Transportation Vouchers	4
Food Safety Training and Certification	5
Nicotine Cessation Classes	6
Diabetes Self-Management Education & Support	7
Women's Heart Disease Screening & Management (WISEWOMAN)	8
Mammogram and Pap Test Vouchers	8
Sexual & Reproductive Health Services	9
Women, Infants, and Children Nutrition Program (WIC)	9
Vaccines and Immunization	10
TB/Hansens Disease Management	11
Outreach and Presentation Requests	12

2026 Edition

Published by the CHCC Division of Public Health Services. Information included in this handbook was accurate at the time of publication; however, services, eligibility requirements, and contact information may change due to funding updates, program modifications, or revised agency guidelines.

CONTACT US

 www.phs.chcc.health  [@cmipublichealth](https://www.facebook.com/cmipublichealth)  [@chcc_phs](https://www.instagram.com/chcc_phs)



MISSION

To improve quality of life, health and wellbeing of CNMI residents by providing services that meet and support community needs and values

VISION

Thriving Families, Healthy Communities, across generations in the CNMI



**PUBLIC
HEALTH
SERVICES**

CHILDREN & YOUTH WITH SPECIAL HEALTHCARE NEEDS

SERVICES

- Orthotics services
- Surgeries which include spinal fusion, knee surgery, fractures and procedure related to musculoskeletal care

WHAT IS THE COST?

- Insurance and Medicaid accepted. Assistance available for those who are uninsured.

WHO IS ELIGIBLE?

- Children and adolescents age 0-17 years old with orthopedic conditions

WHO DO I CONTACT?

CYSHCN Program

☎ 670-234-8951 Ext 2025

FAMILY SUPPORT AND ADVOCACY

SERVICES

- Peer to peer support for parents of children with special healthcare needs
- Referral, connection to families and other community-based programs & organizations
- Information and assistance for accessing available community programs
- Advocacy training for parents
- COTA vouchers to support accessing medical care and related services
- Assistance with SSI application
- Resource Center

WHO IS ELIGIBLE?

- Parents and caregivers of children and youth with special health care needs ages 0-21 yrs. old

WHO DO I CONTACT?

Family to Family Health Information Center

☎ 670-664-8700

WHAT IS THE COST?

Free



EARLY HEARING DETECTION AND INTERVENTION

SERVICES

- **Screening:** The baby is screened for hearing loss before 1 month of age.
- **Diagnostic Evaluation:** If a baby doesn't pass the first screening, they receive a further hearing check no later than 3 months of age.
- **Early Intervention:** Babies identified with a permanent hearing loss are referred for enrollment in appropriate early intervention programs by 6 months of age.
- **Follow-up:** Continuous hearing screening for late onset hearing loss until 3 years of age.
- **Family Engagement:** Peer support for parents through a family support program.

WHO IS ELIGIBLE?

- Infants and children from ages birth to 5 years old

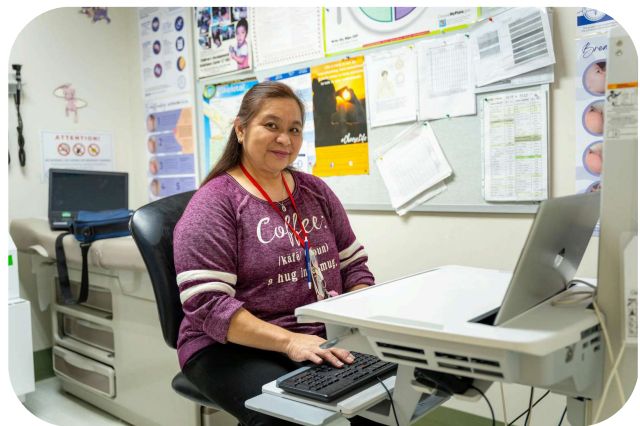
WHAT IS THE COST?

Fees are waived

WHO DO I CONTACT?

EHDI Program

☎ 670-664-8700



EARLY INTERVENTION SERVICE COORDINATION

SERVICES

- Case management
- Patient navigation services

WHO DO I CONTACT?

Early Intervention Program

☎ 670-664-8700

WHO IS ELIGIBLE?

- Infants and toddlers ages 0-3 years old with a confirmed diagnosis/established condition or developmental delay
- Enrolled in Early Intervention Services

WHAT IS THE COST?

Free

EDUCATION & SUPPORT FOR MOMMY AND BABY

SERVICES

- Support in the comfort of your home
- Weekly to quarterly home visits
- Infant and early childhood development curriculum
- Support and referrals for accessing resources in the community
- Screenings for early childhood development
- Support in accessing preventive check-ups (i.e. transportation vouchers, assistance with setting appointments, etc.)

WHO IS ELIGIBLE?

- Pregnant women, parents or primary caregivers with a child under the age of three months old.
- A screening/eligibility assessment is conducted to determine program eligibility.

WHAT IS THE COST?

Free

WHO DO I CONTACT?

H.O.M.E. Visiting Program

☎ 670-664-8701/2



TRANSPORTATION VOUCHERS

SERVICES

- Free and reliable transportation assistance to medical and health-related services

WHO DO I CONTACT?

Family to Family Health
Information Center

☎ 670-664-8700

WHO IS ELIGIBLE?

- Commonwealth Transport Authority (COTA) Vouchers are available for participants of Family to Family Health Information Center and NCD Health Management Services

FOOD SAFETY TRAINING AND CERTIFICATION

SERVICES

- Food handlers certification
- Food safety workshop available at the Environmental Health and Disease Prevention (EHDP) Office

WHAT IS THE COST?

\$35.00 for certificate

WHO DO I CONTACT?

Environmental Health & Disease Prevention Program

☎ 670-236-2022/23

INSPECTION REQUEST FOR ESTABLISHMENTS:

☎ 670-664-4677



CLEAN.



SEPARATE.



COOK.



CHILL.

EVERY STEP MATTERS
PRACTICE SAFE FOOD HANDLING EVERY DAY!

NICOTINE CESSATION CLASSES

SERVICES

- Weekly sessions (4 sessions total)
- Education and support for quitting smoking, chewing betel nut, and vaping
- Nicotine replacement therapies (NRTs) are provided for active participants;
 - Nicotine patch or gum

WHO IS ELIGIBLE?

- Adults ready to quit nicotine products

WHAT IS THE COST?

Free

WHO DO I CONTACT?

CNMI Tobacco Quitline

📞 **Saipan** 670-323-QUIT (7848)
Tinian 670-433-9263 EXT 105/113
Rota 670-532-9461



DIABETES SELF-MANAGEMENT EDUCATION AND SUPPORT

SERVICES

- Diabetes self-management education and support (DSMES) on preventing and managing hypertension, diabetes, and heart disease
- Support and referrals for accessing resources in the community
- DSMES Group Sessions
 - Weekly sessions (5 sessions total)
- DSMES Community Health Worker (CHW) Program
 - Weekly one-on-one sessions (4 sessions total) at your home, online or at our offices

WHO IS ELIGIBLE?

- DSMES Group:
 - Adult men with an A1c of 5.7% and above
 - Adult women with an A1C of 9% and below
- DSMES CHW:
 - Pregnant women diabetes
 - Youth ages 6-14 years with diabetes
 - Adult women with an A1C of 9% and above

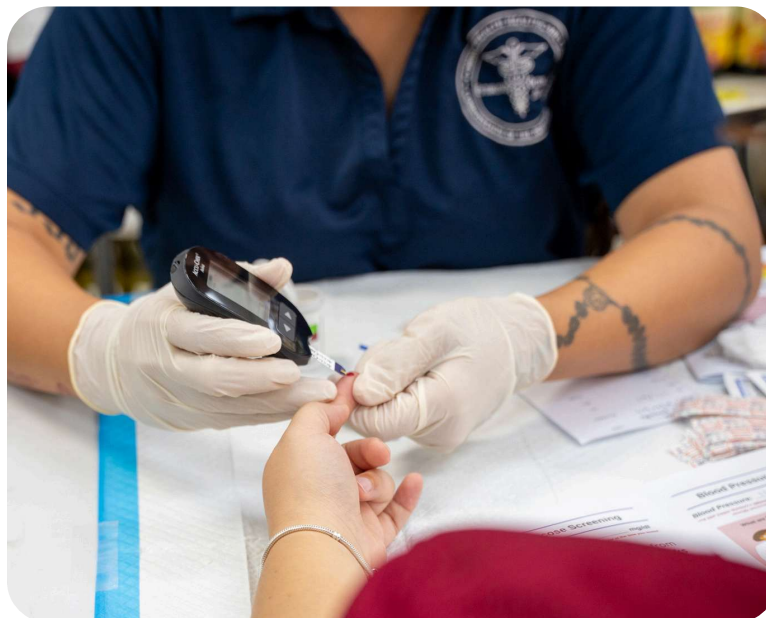
WHO DO I CONTACT?

NCD Program

📞 **Saipan** 670-234-8951 Ext 2030
Tinian 670 433-9263 Ext 105/113
Rota 670-532-9461

WHAT IS THE COST?

Free



WOMEN'S HEART DISEASE SCREENING & MANAGEMENT

SERVICES

- Heart disease and stroke risk factor screenings
- Health coaching for managing hypertension with weekly progress check-ins
- Support and referrals for accessing resources in the community



WHO IS ELIGIBLE?

- Women ages 35-64 years old who meet the eligibility guidelines of the Breast and Cervical Screening Vouchers

WHAT IS THE COST?

- Lab fees are covered by Medicaid. If uninsured, program will cover fees
- All other services covered by program

WHO DO I CONTACT?

WISEWOMAN Program

☎ 670-234-8951 Ext 2030

MAMMOGRAMS AND PAP TEST VOUCHERS

SERVICES

Vouchers for breast and cervical screenings, such as;

- Mammogram
- Pap test (smear)
- Biopsy
- Ultrasound
- Airfare expenses are covered from Tinian and Rota to Saipan

WHO DO I CONTACT?

BCSV Program

☎ 670-234-8951 Ext 2030

WHO IS ELIGIBLE?

- Women 21 years or older
- Resident of the CNMI for at least 6 months
- Meets Household Income Guidelines of the Breast and Cervical Screening Vouchers (BCSV)

WHAT IS THE COST?

Free

SEXUAL AND REPRODUCTIVE HEALTH

SERVICES

- Contraception (birth control methods)
- STI/HIV testing, treatment and counseling
- Pregnancy testing and counseling
- Basic infertility counseling
- Cervical cancer screening (pap test)
- Breast exam/mammogram referrals
- Confidential adolescent health services

WHO DO I CONTACT?

Family Planning Program

☎ 670-234-8951 Ext 7515

WHO IS ELIGIBLE?

- All males and females of reproductive age (up to age 51)

WHAT IS THE COST?

- Medicaid and private insurance accepted. Assistance with payment options. No individual is turned away regardless of ability to pay for services

WOMEN, INFANTS AND CHILDREN (WIC) NUTRITION PROGRAM

SERVICES

- Nutrition education
- Breastfeeding support and education
- Supplemental foods
- Referrals to social and health services

WHO DO I CONTACT?

WIC Program

☎ 670-664-4084

WHO IS ELIGIBLE?

- Pregnant women, children 0-5 years old, women within 6 months postpartum

WHAT IS THE COST?

Free; must meet income guidelines. NAP or Medicaid participants automatically qualify



VACCINES AND IMMUNIZATION

SERVICES

- Vaccinations
- School Health Certificate issuance
- Vaccine records issuance

WHO IS ELIGIBLE?

- Children 0-17 years
- Adults 18 years and older

WHO DO I CONTACT?

Immunization Clinic

📞 Saipan 670-236-8745
Tinian 670-433-9233
Rota 670-532-9461

WHAT IS THE COST?

- No cost to uninsured or under insured patients.
- Medicaid accepted
- Private insurance accepted



TB/HANSENS DISEASE MANAGEMENT

SERVICES

- TB/Hansens patient education
- TB medication adherence support

WHO IS ELIGIBLE?

- Individuals that need
- TB/Hansens management support

WHO DO I CONTACT?

TB/Hansens Program

☎ 670-664-4050/670-236-8718

WHAT IS THE COST?

- Medicaid and private insurance accepted
- Assistance with payment options is available



OUTREACH AND PRESENTATION REQUESTS

Request presentations, workshops, or outreach activities for your organization, agency or school.



SCAN TO REQUEST

[phs.chcc.health/
presentations-outreach/](https://phs.chcc.health/presentations-outreach/)

HOW TO REQUEST

Complete the request form on our website
or email us to request a PDF copy.

Option 1: Request Through Our Website

phs.chcc.health/presentations-outreach/

Option 2: Request Through Email

irene.barrineau@chcc.health



**PUBLIC
HEALTH
SERVICES**

CONTACT US

Saipan

(670) 234-8951 Ext. 2016/2018

Tinian

(670) 433-9263

Rota

(670) 532-9461

healthpromotionsandpartnerships@chcc.health

FOLLOW US ONLINE



www.phs.chcc.health



[/cnmipublichealth](https://www.facebook.com/cnmipublichealth)



[@chcc_phs](https://www.instagram.com/chcc_phs)

This project was supported by Grant No. 1 NU58DP007792-01-00 from the U.S Department of Health and Human Services (DHH), Center for Disease Control and Prevention (CDC) and the Commonwealth Healthcare Corporation (CHCC). The contents above are solely the responsibility of CHCC and do not necessarily represent the official views of the DHH CDC